Insufficient time to check out recently published articles in nephrology nutrition? In an effort to help keep our RPG members current, we reviewed the following articles from a variety of publications. We hope you find this list helpful and, as always, would appreciate your feedback and suggestions!


Study suggests that low Zn and low Se levels were not corrected in hemodialysis patients when supplemented with low and medium dose supplements, when taken twice daily. Levels were measured at 90 and 180 days. Future research recommendations were to include >75mg Zn/day and ≥100mcg/day of Se.


Trials suggest that increasing dietary fiber in CKD patients reduces urea and creatinine. However, the author also shares that larger trials measuring more toxins are necessary.


When a group of 265 CKD patients were reviewed, the group who did not receive MNT was more likely to begin dialysis, while the group who did receive MNT was less likely to begin dialysis and more likely to have albumin and CKD-MBD markers within target range.


This literature review shows that vitamin E coated dialyzers may improve EPO resistance. However, the evidence is not conclusive regarding vitamin E coated dialyzers benefit to anemia, dyslipidemia or malnutrition.


This study of 25 outpatient clinics found that 11% of patients, receiving specialized predialysis care, have moderate protein-energy wasting. It was determined that female gender and age >75 were independent risk factors, along with BMI <25.


This article reviews the relationship between hypomagnesemia and cardiovascular disease. The relevance and clinical significance of hypomagnesemia and hypermagnesemia in dialysis patients are discussed. Study suggests measuring pre-dialysis plasma Mg regularly.

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**The Renal Dietitians (RPG) Nominating Committee is pleased to present the slate of candidates for office for the 2016-17 year:**

**Chair-Elect:**
AnnaMarie Rodriquez, RD, LD  
Melissa Young, MS, RDN, LD, CSR

**Secretary: (unopposed)**
Rose Johnson, RD, LRD

**Nominating Committee Chair-Elect:**
Judy Heath, MS, RD, LD, FAND  
Dana Sarubbi, RD, LDN

**Best of luck to our candidates!**

We’d like to encourage all RPG members to vote! The online voting occurs February 1 through 22, 2016; you will get an electronic message from the Academy.

We would like to thank all of you who expressed an interest in RPG positions. It is through our talented and dedicated membership that the RPG can continue to make a strong impact in renal nutrition.

If you are interested in running for office in the future, or if you are interested in serving in a volunteer capacity on an RPG committee, please let us know.

In good health,
Chair - Connie Cranford, MS, RD, LDN rpgnominatingcom@renalnutrition.org  
Chair-Elect - Annelle Tschida, RD, CSR rpgnominatingcom2@renalnutrition.org

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Recently Published

Tony Rasmussen

www.renalnutrition.org