Dr. Schar USA is an international food company that recently launched FLAVIS, a kidney-friendly food brand designed to improve dietary adherence in CKD patients. FLAVIS is the preferred food partner of the National Kidney Foundation.

Research shows that Medical Nutrition Therapy with Low Protein Diet may preserve residual kidney function among CKD patients. Studies have shown that patients who adhered to a low protein, low sodium diet under the direction of a registered dietitian were able to maintain renal function, decrease mortality, and postpone the need for dialysis. Error! Bookmark not defined.7

How does FLAVIS promote dietary adherence?
FLAVIS foods are:
- Low in sodium to help manage blood pressure
- Low in protein to help patients follow a low protein diet of 0.6-0.8 g/kg per day and preserve kidney function.
- Low in phosphorus to prevent excess buildup in the blood and protect bone health
- Low in potassium to reduce risk of hyperkalemia
- Good sources of fiber to promote a healthy gut and reduce uremic toxins in the body

Learn more:
Visit our website to learn more about our products, understand the benefits of MNT for CKD, and learn how to make delicious recipes using FLAVIS foods.

You are receiving this e-blast message as part of a Dr. Schar USA agreement to support RPG programs and services.